

## Welcome to First Presbyterian Church

*Thank you for joining us in worship today. We are so glad that you are here!  
Please take a minute to fill out the friendship pad in your pew and pass it along to others.*

### WORSHIP TODAY

**The Flowers** today are given to the glory of God from Diane Hall, Kathy Ericksen, and Mark Hall in memory of Robert Hall (4 years since his death) and his birthday July 31.

**Sanctuary Flowers...Spaces Available!** If you would like to donate flowers for the Sunday Worship Services, please sign your name on the **2018 Flower Chart Calendar** and complete the flower card, located by the bulletin boards in the hall. Please return the flower card to the church office or offering plate with your payment of **\$50.00**. Thanks for being part of this important ministry.

**The Barnabas Cards** are located in the pews. They are used like thinking-of-you cards. Fill out the person's name on the front and place it in the offering plate. A volunteer will address it and mail it for you.

### Remember in your thoughts and prayers:

**Health concerns:** Jackie & Granville Sydnor; Margaret Plunkett; Imelda Carrillo; Louis McCaleb; Faye Chapman; Garland DeLoach; Bobby Caldwell; Dannie Bryars (Shelley Covington's father); Nell Lewis; Pat Abrams; Roy Kreitz; Jamie Jamison; and Larry & Carol Parks.

### WORSHIP HELPS

**Jesus said "Let the children come to me."** Here at FPC we take those words to heart and believe that children learn the faith best by worshipping surrounded by an extended church family! We also acknowledge that children often learn and listen best when their hands are busy. Families with young children are invited to sit in the pews on the organ side of the sanctuary (if desired) to allow the children to do quiet activities using the tables and pillows in our new "pray ground". As always, our nursery (Room 1) is open for children 4 and younger following "Chancel Time with Children", should parents/grandparents choose that option.

**Bibles and hearing enhancement devices** are available at the back of the sanctuary.

**Coffee available before and after worship in the Fellowship Hall. Attendance: 07/22/2018 - 120**

### THIS WEEK AT FPC

<b>Today, July 29</b>	Worship	10:30 am
	Handbells	12:15 pm
<b>Tuesday, July 31</b>	Pilates	10:15 am
	Prayer Shawl	2:00 pm
	Yoga - chair/standing	6:00 pm
	Yoga - floor/mat	7:00 pm
<b>Wednesday, Aug 1</b>	Baywood Crossing	10:00 am
	Intercessory Prayer	11:00 am
	Brown Bag & Bible	12:00 pm
	Decluttering Group	6:00 pm
	<b>Thursday, Aug 2</b>	Men's Breakfast at Franks
Pilates		10:15 am
Yoga - chair/standing		6:00 pm
Spanish Bible Study		6:30 pm
Men's Bible Study		7:00 pm
Yoga - floor/mat		7:00 pm
<b>Friday, Aug 3</b>	<b>S'more Family Fun!</b>	6:00 pm
<b>Sunday, Aug 5</b>	Worship	10:30 am
	Handbells	12:15 pm

*NO First Sunday Lunch - moved to Sunday Aug. 12*

## FRIDGE NOTES - July 29, 2018 - Tenth Sunday after Pentecost

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***“Live into hope of captives freed, from chains of fear or want or greed.  
God now proclaims our full release to faith and hope and joy and peace.”***

*Glory to God Hymnal #772*

**Practice stewardship of your health each week at FPC. Grow in strength, flexibility, balance and peace this summer through...**

**Yoga** - Tuesday and Thursday evenings. The 6 p.m. classes are “chair/standing” yoga.  
the 7 p.m. classes are full mat yoga, including floor poses.

**Pilates** - Tuesdays and Thursdays at 10:15.

**No experience? No problem! Just wear comfy clothes and bring an open spirit.**

**“God, Improv, and the Art of Living”**

Continue the conversation for one more Sunday in this summer series based on the book by MaryAnn McKibben Dana, a Presbyterian pastor. Hope to see you next Sunday, **August 5, from 9-10 in Room 11.**

**Youth Camp Scholarships**

Just a reminder...All youth (rising 6th-12th graders) are invited to complete the brief form to receive a partial scholarship to any camp you’ve attended this summer. The forms (and details) are on the youth bulletin board.

**From Clutter to Clarity**

Drowning in clutter? Interested in learning how to let go of what you no longer need or want? You are invited to the monthly **FPC Decluttering Group** this Wednesday, August 1, from 6-7 p.m. in Room 11. Come for inspiration, encouragement and fun.

**S’More Summer Fun for Everyone Next Friday, August 3, 6-10 p.m.**

The Discipleship committee will host our fifth annual FPC end-of-summer-celebration. Children, youth and adults will gather in our own church “backyard” near the playground to roast hot dogs, make s’mores, play croquet and other games, go on a night walk, star gaze or simply relax with friends in the shade and breeze of a summer night. No need to bring anything except a flashlight, a friend, a lawn chair and a spirit of play and rest. The committee will supply all food and drink.

**Committee Night Resumes Monday, August 6, after a July break**

Come make a difference in the life of this community and beyond. Never been to a committee meeting? Do you wonder what committees even do? No problem! Your ideas and fresh perspective are appreciated as the Holy Spirit leads us into the coming season of faith and friendship. We will all gather in the sanctuary at 6:45 for a brief devotional then move to rooms for prayerful planning, closing around 8:15. Please mark your calendars.

**Book Give-Away**

As Jim and Jo Ann Currie sift and sort through their libraries, they have a few books to share. Come browse the tables in the hallway and take what calls to you. Enjoy!

**Brunch & Book Group**

The monthly group will meet on Saturday, August 18, from 10-12. All readers (adults AND youth) are invited to come join the lively conversation and be fed in mind, body and spirit. The August selection is *Killers of the Flower Moon* by David Grann.

**Sanctuary Open for Prayer**

Seeking a place of peace and quiet? Whenever the building is open, the sanctuary is also open for prayer. You may feel called to spend time with the interactive prayer stations at the back of the sanctuary or simply sit in silence in a pew, reading and reflecting on scripture, a hymn, or using one of the available prayer practice handouts. Come find your safe place to connect with God for a few minutes, an hour or an afternoon.

**Young at Heart**

YAH invites you to join us in collecting school supplies for a Pasadena Elementary School. Most requested items are: **Notebooks, Folders, Glue sticks, Crayons, Zipper pouches, 3-ring Binders, school boxes.** Collecting until AUG. 19th! Look for the Blue Tub!!

**Presbyterian Women News**

The **PW Board** will meet August 7 at 9:30 am in the Library. All outgoing and incoming members should attend.  
The **PW Joint Meeting/Dinner** is August 14 at 6:00 pm.

**Current Calendar Access**

The **current** (regularly updated) church calendar is always available on the church website: [fpcpasadena.org](http://fpcpasadena.org), then click Calendar!

**These Days Devotionals**

Please return your gently used ‘These Days’ when you collect your July/August/September Issue. Imelda Carrillo will deliver these to the Pasadena City Jail. The collection area is under the Mission/Outreach Bulletin Board. Thank you!